

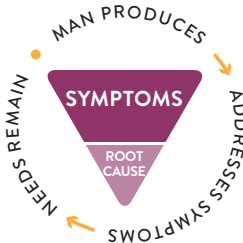
Natural Solutions for healthy, empowered living

Do you need safe, effective, and affordable health solutions?

YOU HAVE CHOICES

Modern Approach

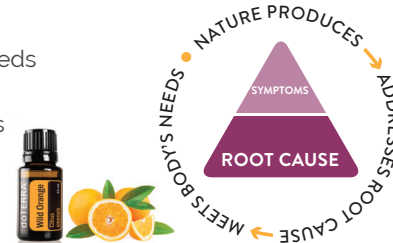
- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?



or

Natural Approach

- Addresses body's needs and root causes
- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects



ESSENTIAL OILS ARE EFFECTIVE



MAGNIFIED

Peppermint Leaf Oil Sac

Natural, Effective, and Safe

- Contains natural compounds that are extracted and distilled from plants for various benefits.
- Comprised of hundreds of different compounds, utilizing complex and versatile abilities to combat threats without building up resistance.
- Work with the body to address issues and root causes on a cellular level.
- Affordable. Pennies per dose!



Essential Oils Pass Through Cell Membrane

CELL



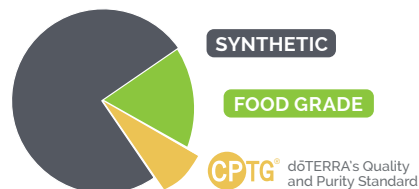
3 lbs. Peppermint



15mL Bottle

dōTERRA IS SAFE AND 100% PURE

Why a new standard of quality?



Grades of Essential Oils

Most tested. Most trusted.

- Plants harvested in their natural habitat
- Verified pure; free of fillers and harmful contaminants
- Stringent third-party testing to ensure authenticity and potency

HOW TO USE dōTERRA ESSENTIAL OILS



AROMATIC

- Breathe in or diffuse to:
- Open airways
 - Freshen the air



PEPPERMINT

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach



TOPICAL

- Apply to bottoms of feet or affected areas to target specific needs.



DEEP BLUE®

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Use on lower back after heavy lifting



INTERNAL

- Drop in water, under tongue, or into a veggie capsule and swallow.



dōTERRA ON GUARD®

- Serves as a powerful immune system support*
- Diffuse to freshen the air

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

†See individual labels for ingredients, cautions, and instruction for use.

Live Empowered

Be prepared
for anything



Be refreshed
with self-care



Be healthy
with daily habits



1. WHAT ARE YOUR TOP HEALTH PRIORITIES?



I want to feel less:

1

2

3

I want to feel more:

1

2

3

2. ARE YOU READY TO DISCOVER SIMPLE SOLUTIONS?

dōTERRA BREATHE® RESPIRATORY BLEND

- Maintain feelings of easy breathing and clear airways
- Diffuse at night or during changes in season

DIGESTZEN® DIGESTIVE BLEND

- Maintain healthy gastrointestinal tract*
- Help reduce bloating, gas, and occasional indigestion*
- Ease feelings of stomach upset

OREGANO

- Cleansing agent
- Support a healthy digestive system when used internally*

TEA TREE

- Rejuvenate and cleanse skin
- Relieve skin irritation
- Clean surfaces

LAVENDER

- Soothe irritated skin
- Promote restful sleep*
- Create a calm, peaceful atmosphere
- Apply after a long day in the sun

dōTERRA SERENITY® RESTFUL BLEND

- Diffuse to promote relaxation
- Create restful sleeping environment

FRACTIONATED COCONUT OIL

- Unscented carrier oil
- Great for delivering essential oils to sensitive skin
- Sustained delivery on specific locations
- Use for dilution

ADAPTIV®

- Help boost mood
- Complement effective work and study
- Increase feelings of tranquility

FRANKINCENSE

- Pre-clinical studies suggest support for healthy cellular function
- Set a comforting, uplifting environment

LEMON

- Naturally cleanse body*
- Clean surfaces and neutralize odors
- Soothe irritated throat*

DIGESTZEN TERRAZYME®

- Support healthy enzyme production for normal digestive process*
- Promote nutrient absorption*
- Speed conversion of food nutrients to cellular energy*

DEEP BLUE® STICK

- Roll onto muscles
- Use before or after working out
- Soothe after a long workday

3. ARE YOU READY TO BE HEALTHY WITH DAILY HABITS?

dōTERRA LIFELONG VITALITY PACK® (LLV)

Maximum nutrition for energy, focus, relief, and well-being.

- **MICROPLEX VMz®**: Bioavailable multivitamin and mineral
- **ALPHA CRS+®**: Antioxidant, cellular energy, and longevity*
- **xEO MEGA®**: Omega 3-6-9 fatty acids and nine essential oils

- Antioxidant and DNA protection*
- Eye, brain, nervous system function*
- Healthy inflammatory response*
- More energy, and less discomfort*
- Comprehensive nutrition
- Cardiovascular health*
- Immune function*
- Digestive health*

#1
PRODUCT
30-day
satisfaction
guarantee

Need more energy and less discomfort to improve the quality of your life? Try these daily habits.

dōTERRA Lifelong Vitality Pack 2 capsules each with morning and noon meals

DigestZen TerraZyme Digestive support: 1-3 capsules each meal

Lemon Cleansing: 2-3 drops in water 2-3x/day

Frankincense Cellular support: 2-3 drops under tongue and swallow 1-2x/day

dōTERRA On Guard® Immune support: 2-3 drops in water

dōTERRA Breathe® Vapor Stick Apply to chest and breathe deeply to enjoy a cooling, invigorating vapor

PB Assist+® Probiotic defense: 1 capsule/day

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Changing Lives

Whose life do you want to change? dōTERRA improves lives every day all around the world. Join us in making this world a healthier, happier place.



LIVE

Change your life!

Get your *Live* guide and schedule your **Wellness Consult**

- Get the best results with products for you and your family.
- Maximize your wholesale membership benefits.



SHARE

Change others' lives!

Get your *Share* guide and schedule your **Intro to Host**

- Host classes to help friends and family find natural solutions.
- Earn free products and more.



BUILD

Change your future!

Get your *Build* guide and schedule your **Intro to Build**

- Launch your dōTERRA business with proven training and powerful support.
- Create recurring income and greater freedom in your life!‡



You are changing the world!

Every purchase changes the lives of growers and their communities for the better through dōTERRA Cō-Impact Sourcing® and dōTERRA Healing Hands Foundation® initiatives.

"Every time you buy a bottle of dōTERRA essential oils, you are changing someone's life." —Emily Wright, Founding Executive, President